

MBBS Year 1 - 2026 Timetable

	Monday		Tuesday		Wednesday		Thursday		Friday	
8–9 am		PHYS102 Lab Room: Clinical Skills Lab (D108) Group: B1		ANAT101 Lab Room: Anatomy Lab (D108) Group: B1		BIOC103 Lab Room: Biochemistry Lab (D017) Group: B1	ANAT101 Lecture Room: Year 1 Room (D200) Group: B	BIOC103 Tutorials Room: F Block (F004) Group: A	MECT104 Ethics Room: Year 1 Room (D200) Group: A	MECT104 Hindi Room: F Block (F004) Group: B
9–10 am	ANAT101 Lecture Room: Year 1 Room (D200) Group: A	Lecturer: Dr. Altamish Aslam	BIOC103 Lecture Room: Year 1 Room (D200) Group: A	Lecturer: Dr. Neelam Zaidi	PHYS102 Lecture Room: Year 1 Room (D200) Group: A	Lecturer: Dr. Altamish Aslam	Lecturer: Dr. Neelam Zaidi			MECT104 Itaukei Room F Block (F004) Group: B
10–11 am	Lecturer: Dr. Aboubacar Kaka	BIOC103 Lab Room: Biochemistry Lab (D017) Group: B2	Lecturer: Dr. Neelam Zaidi	PHYS102 Lab Room: Room: Clinical Skills Lab (D108) Group: B2	Lecturer: Dr. Aboubacar Kaka	ANAT101 Lab Room: Anatomy Lab (D108) Group: B2		PHYS102 Lecture Room: F Block (F004) Group: A	MECT104 - Terminology Room Year 1 Room (D200) Group: A	MECT104 English Room: F Block (F004) Group: B
11–12 noon		Lecturer: Dr. Neelam Zaidi		Lecturer: Dr. Altamish Aslam		Lecturer: Dr. Aboubacar Kaka		Lecturer: Dr. Altamish Aslam	Lecturer: Ms. Sheemal Sharma	Lecturer: TBD
12–1 pm	LUNCH									
1–2 pm	PHYS102 Lab Room: Room: Clinical Skills Lab (D108) Group: A1		ANAT101 Lab Room: Anatomy Lab (D108) Group: A1		BIOC103 Lab Room: Biochemistry Lab (D017) Group: A1			BIOC103 Tutorials Room: F Block (F004) Group: B	MECT104 Hindi Room: F Block (F004) Group: A	MECT104 Terminology Room Year 1 Room (D200) Group: B
2–3 pm	Lecturer: Dr. Altamish Aslam	ANAT101 Lecture Room: Year 1 Room (D200) Group: B	Lecturer: Dr. Aboubacar Kaka	BIOC103 Lecture Room: Year 1 Room (D200) Group: B	Lecturer: Dr. Neelam Zaidi	PHYS102 Lecture Room: Year 1 Room (D200) Group: B	Lecturer: Dr. Neelam Zaidi	Lecturer: Dr. Neelam Zaidi	MECT104 Itaukei Room F Block (F004) Group: A	Lecturer: Ms. Sheemal Sharma
3–4 pm	BIOC103 Lab Room: Biochemistry Lab (D017) Group: A2	Lecturer: Dr. Aboubacar Kaka	PHYS102 Lab Room: Room: Clinical Skills Lab (D108) Group: A2	Lecturer: Dr. Neelam Zaidi	ANAT101 Lab Room: Anatomy Lab (D108) Group: A2	Lecturer: Dr. Altamish Aslam		PHYS102 Lecture Room: F Block (F004) Group: B	MECT104 English Room: F Block (F004) Group: A	MECT104 Ethics Room: Year 1 Room (D200) Group: B
4–5 pm	Lecturer: Dr. Neelam Zaidi		Lecturer: Dr. Altamish Aslam		Lecturer: Dr. Aboubacar Kaka		Lecturer: Dr. Altamish Aslam	Lecturer: Dr. Aboubacar Kaka	Lecturer: TBD	Lecturer: LLC